**Book Outline – Self Help Book**

**Chapter 1 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 2 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 3 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 4 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 5 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 6 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 7 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 8 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 9 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 10 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 11 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips

**Chapter 12 Title -**

State it

Explain it

Story to illustrate

Conclusion / Tips