

Book Outline – Self Help Book

Chapter 1 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 2 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 3 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 4 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 5 Title -

State it

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Story to illustrate

Conclusion / Tips

Chapter 6 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 7 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 8 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 9 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 10 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 11 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips

Chapter 12 Title -

State it

Explain it

Story to illustrate

Conclusion / Tips